

# You want to play college sports

## **Academic preparation is important and starts early**

Information as of 10/19/2023 and is subject to change



# Scholarships



Only about 2% of high school athletes are awarded athletic scholarships to compete in college.



NAIA schools provide \$800 million in athletic scholarships to more than 77,000 student-athletes



NCAA Divisions I and II schools provide more than \$3.7 billion in athletic scholarships annually to more than 190,000 student-athletes.



NCAA Division III schools do not offer athletics scholarships.



**A college education is the most rewarding benefit of your student-athlete experience.**





[NAIA website for High School Students](#)





## New Freshmen GPA Requirements

Incoming freshmen can now become NAIA eligible without a test score or class rank provided they meet the following minimum GPA (on a 4.0 scale):

- 2.3 GPA for recent graduates
- 2.8 GPA for students who have completed their 7<sup>th</sup> semester
- 3.3 GPA for students who have completed their junior year

Students who do not meet the 2.3 minimum GPA upon graduation may still gain eligibility by meeting **two** of the following three criteria:

- 2.0 GPA (on a 4.0 scale)
- Rank in top 50% of graduating class
- Qualifying test score:

ACT: 18

SAT: 970 (Evidence-Based Reading and Writing and Math)





The NCAA conducts 90 national championships in 24 sports across Divisions I, II and III, with 45 championships administered for women, 42 for men and three coed national championships. That means almost 54,000 student-athletes participate in NCAA championships each year.

FALL SPORTS		WINTER SPORTS		SPRING SPORTS		EMERGING SPORTS
<b>Men:</b>	<b>Women:</b>	<b>Men:</b>	<b>Women:</b>	<b>Men:</b>	<b>Women:</b>	<b>Women:</b>
Cross Country	Cross Country	Basketball	Basketball	Baseball	Beach Volleyball	Acrobatics and Tumbling
Football	Field Hockey	Fencing	Bowling	Golf	Golf	Equestrian (Divisions I and II only)
Soccer	Soccer	Gymnastics	Fencing	Lacrosse	Lacrosse	Rugby
Water Polo	Volleyball	Ice Hockey	Gymnastics	Outdoor Track and Field	Outdoor Track and Field	Triathlon
		Indoor Track and Field	Ice Hockey	Tennis	Rowing	Wrestling
		Rifle	Indoor Track and Field	Volleyball	Softball	
		Skiing	Rifle		Tennis	
		Swimming and Diving	Skiing		Water Polo	
		Wrestling	Swimming and Diving			



## ACADEMIC REQUIREMENTS

To play sports at a Division I or II school, you must complete a total of 16 **NCAA-approved core courses**, earn a corresponding test score\* that matches your core-course GPA and submit proof of graduation to the Eligibility Center.

## CORE-COURSE REQUIREMENTS

Complete a total of 16 core courses in the following areas:

### Division I



<b>ENGLISH</b>	<b>MATH</b> (Algebra I or higher)	<b>NATURAL/ PHYSICAL SCIENCE</b> (Including one year of lab, if offered)	<b>ADDITIONAL</b> (English, math or natural/physical science)	<b>SOCIAL SCIENCE</b>	<b>ADDITIONAL COURSES</b> (Any area listed to the left, foreign language or comparative religion/philosophy)
4 years	3 years	2 years	1 year	2 years	4 years

To study and compete at a Division I school, you must complete 10 of your 16 core courses, including seven in English, math or natural/physical science, before the start of your seventh semester.

### Division II

<b>ENGLISH</b>	<b>MATH</b> (Algebra I or higher)	<b>NATURAL/ PHYSICAL SCIENCE</b> (Including one year of lab, if offered)	<b>ADDITIONAL</b> (English, math or natural/physical science)	<b>SOCIAL SCIENCE</b>	<b>ADDITIONAL COURSES</b> (Any area listed to the left, foreign language or comparative religion/philosophy)
3 years	2 years	2 years	3 years	2 years	4 years



# D1 Detail

## Division I



Remember 16 10 7

16 Core courses

10 before beginning of Senior year

7 must be English, math and/or science



# D2 detail

## Core-Course Requirement

Complete 16 core courses in the following areas:

**ENGLISH**

3 years

**MATH**  
(Algebra I  
or higher)

2 years

**NATURAL/  
PHYSICAL  
SCIENCE**  
(Including one  
year of lab,  
if offered)

2 years

**ADDITIONAL**  
(English, math, or  
natural/physical  
science)

3 years

**SOCIAL  
SCIENCE**

2 years

**ADDITIONAL  
COURSES**  
(Any area listed  
to the left, foreign  
language or  
comparative  
religion/philosophy)

4 years





# Sample NCAA D1/D2 bound athlete course selection

	Freshman	Sophomore	Junior	Senior
English	*English 9	*English 10	*English 11/AP Lang	*ERWC/AP Lit
Math	*Algebra 1	*Geometry	*Algebra 2	+Stat/Pre Calc
Science	*Living Earth	*Chemistry	+Science elective	+Science elective
Social Science	Study hall	*World History	*US History	*Gov/Econ
Additional	+LOTE 1	+LOTE 2	+LOTE 3	+LOTE 4/AP
	health/elective	+elective	+Elective	+elective
	PE 9	PE 10	elective	elective
	elective	elective	elective	unscheduled
<b>*Core courses +potential</b>	<b>3 1</b>	<b>4 2</b>	<b>3 3</b>	<b>2 4</b>



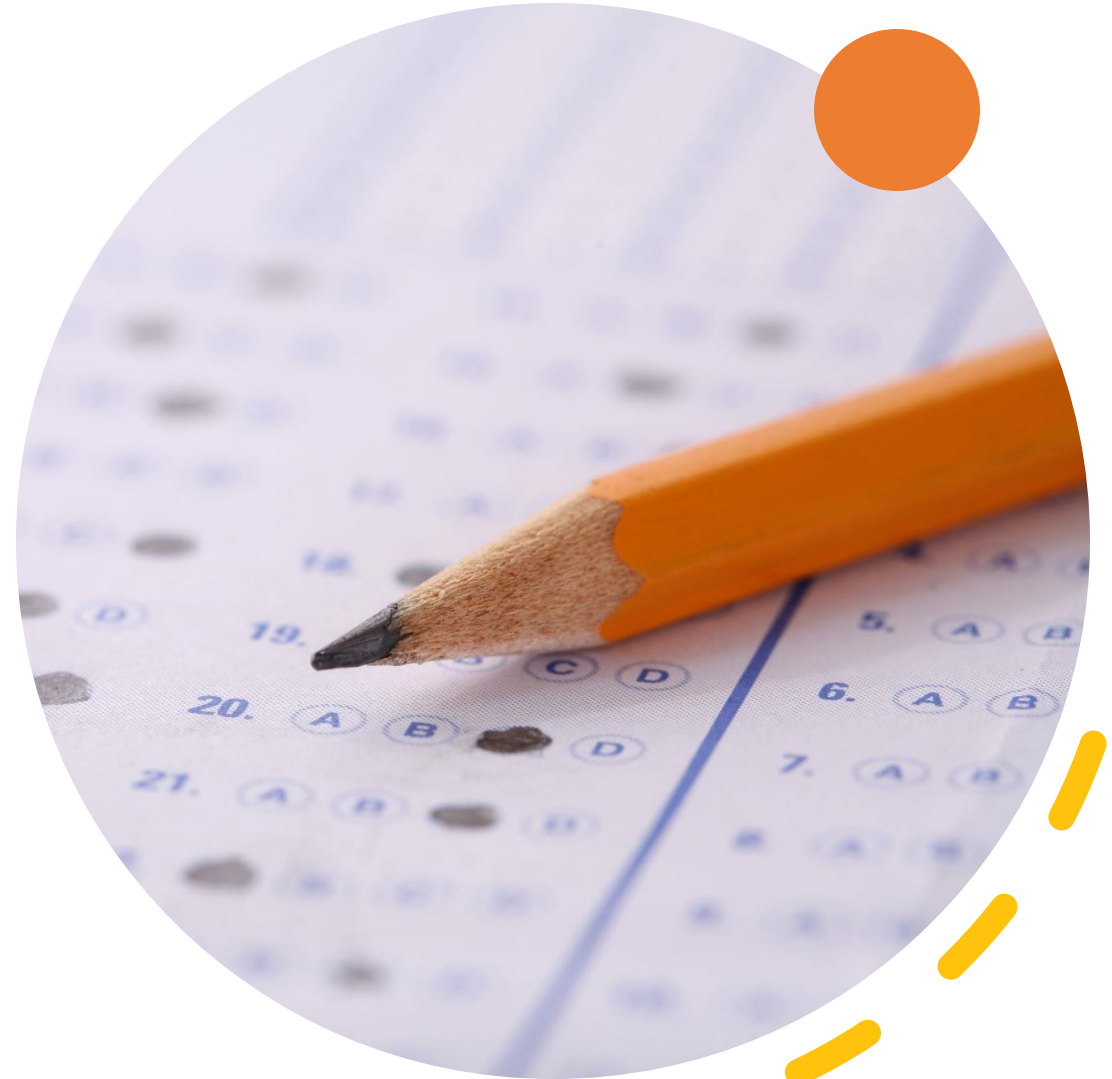
## Course list

- Not all LHS courses count for NCAA
  - See <https://web3.ncaa.org/hsportal/exec/hsAction>
  - LHS school code : 050375
- LUHSD Summer school **is not** NCAA approved
- Outside provider / online courses **can** count, but must be NCAA approved



# Test Scores

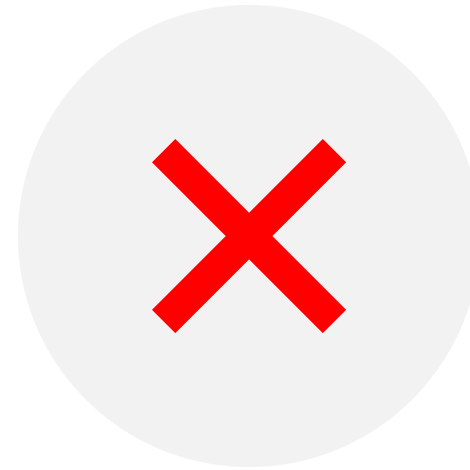
- In January 2023, NCAA Divisions I and II adopted legislation to remove standardized test scores from initial-eligibility requirements for **all** student-athletes who initially enroll full time on or after August 1, 2023.
- Check with the NCAA school you plan to attend regarding whether standardized test scores are necessary for admission or scholarship requirement



# D3



MUST MEET INSTITUTIONAL  
REQUIREMENTS FOR ADMISSION



NO SPECIFIC NCAA  
REQUIREMENTS



# NCAA Eligibility Account Types

## Profile Page

- This account is best place to start for most student-athletes. For students not sure in which division they want to compete; students registering to play at NCAA-certified basketball events; students younger than ninth grade; or domestic student-athletes who plan to compete at a [Division III school](#), our [free Profile Page account](#) is the right choice. This account can be transitioned to either Certification account when needed.

## Amateurism-Only Certification (new account type)

- For [international student-athletes](#) who plan to compete at a Division III school. This account may also be right for domestic student-athletes [transferring](#) from a two-year school to an NCAA Division I or II school who have not previously been certified. This account includes a \$70 registration fee for all student-athletes. This account can be transitioned to an Academic and Amateurism Certification account if the student-athlete decides on Division I or II instead.

## Academic and Amateurism Certification (new name)

- For students wanting to compete at an NCAA Division I or II school, sign a [National Letter of Intent](#), or who are preparing to take an [official visit](#). This account includes a \$100 registration fee for [domestic students](#)/\$160 for [international students](#).



# Community / Junior College

## Basic Requirements:

- Enrolled in school and taking required units
- Maintain academic standing
- Must be an amateur

Additional/specific requirements may vary

[California Community College Athletic Association](#)  
[National Junior College Athletic Association](#)



*Providing Opportunities ... Fulfilling Dreams!*



# You want to play college sports

**Academic preparation is important and starts early**



# resources

- [Play NAIA eligibility Center](#)
- [NCAA Guide for the College Bound Athlete](#)
- [NCAA Eligibility Center \(find core courses\)](#)
- [NCAA Future Athletes Website](#)
- [NCAA Eligibility Account Center](#)
- [California Community College Athletic Association](#)
- [National Junior College Athletic Association](#)

